

<b>Committee/Workgroup Name:</b>	<b>Cultural Competence Committee</b>	
<b>Facilitator:</b>	Angel Galvez, MAOL	
<b>Time Period Reporting:</b>	2018 Year-end Update	
<b>Committee/Workgroup Purpose/Goal:</b>	<p>Increasing cultural and linguistic competence to reduce behavioral health disparities and promote health/behavioral health equity. Based on practice, Tulare County Mental Health Cultural Competency Committee has identified the following principles of cultural competence for Mental Health Plan and Provider staff/practitioners.</p> <ul style="list-style-type: none"> <li>• Ensure community involvement in all areas, and build community readiness to address disparities (i.e. community partnerships)</li> <li>• Stress the importance of relevant, culturally appropriate prevention approaches</li> <li>• Promote cultural competence among program staff that reflects the communities they serve</li> <li>• Include the target population in all aspects of prevention and community support planning</li> <li>• Ensure the delivery of appropriate quality services to vulnerable racial, ethnic, and cultural communities across Tulare County</li> <li>• Apply the Enhanced National Culturally and Linguistically Appropriate Service (CLAS) standards</li> </ul>	
<b>Objectives developed and worked on during this time period</b>		
1. Continued community outreach and engagement with developed partnerships, cultural brokers, interested community organization(s) and individual(s).		
2. Continued implementation of culture-specific education and training, including target of vulnerable, inappropriately served, underserved and unserved population.		
3. Assess and regularly monitor behavioral health disparities for cultural, racial and ethnic populations throughout the system of care, including, but not limited to access, outreach, engagement, retention, and outcome data across and within (disaggregated) cultural, ethnic, linguistic, and regional communities served (WIC 5880(b)(6), CCR Title 9 Section 1810.410(c)(2).		
<b>Accomplishments for this time period</b>		
<b>Objectives Completed</b>	<b>Date Completed</b>	<b>Result</b>
Ongoing	N/A	<u>Community Outreach and Engagement</u> calendar year 2018 has included the following, but not limited to these events: <ul style="list-style-type: none"> <li>• Project Homeless Connect: Services and Resources Available (Jan, 2018)</li> </ul>

		<ul style="list-style-type: none"> <li>• Mental Health Awareness Month (MHAM), a celebration of mental health wellness and recovery that included consumers, family members, and the Tule River Indian Reservation. (April-June, 2018)</li> <li>• Board of Supervisor’s View events: Community Awareness and Prevention of Mental Health and Alcohol and Other Drug resources (October, 2018)</li> <li>• Tulare Unity event (Information provided to the faith community by Angel Galvez with Tulare County Mental Health resources, August 2018)</li> <li>• Step Up/Summer Night Lights events (school-based population and youth focused outreach). Participated at three separate locations: Alpaugh, Porterville, and Dinuba.</li> <li>• Farmworker Women’s Conference (information and resources provided to mono-lingual Spanish speaking farm working community.</li> <li>• Health Fairs <ul style="list-style-type: none"> <li>-City of Lindsay (FRC)</li> <li>-City of Tulare (Viva Tulare, and County Fair)</li> <li>-City of Dinuba (TP-VYS)</li> <li>-City of Visalia (COS)</li> <li>-Town of Richgrove &amp; London &amp; Plainview</li> <li>-Tule River Indian Reservation</li> <li>-Owens Valley Career Development Center</li> <li>-City of Woodlake (Monrovia, Inc.)</li> <li>-National Alliance of Mental Illness-</li> </ul> </li> <li>NAMI Walk <ul style="list-style-type: none"> <li>-Altura Centers for Health (Altura)</li> </ul> </li> <li>Owens Valley Career Development Center- Native American population in Tulare County. <ul style="list-style-type: none"> <li>&lt;&lt;&lt;CC Community Partnerships&gt;&gt;&gt;</li> <li>• Tule River Prevention Collaborative</li> <li>• Tulare Association of Church’s</li> <li>• Visalia Church Network</li> <li>• National Alliance of Mental Illness</li> </ul> </li> </ul>
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Ongoing	N/A	<p><u>Education and Training</u> (Coordinator Juan Alvarez, Angel Galvez, SPTF, &amp; HHSa)</p> <p>These trainings include the use of training platforms: Relias e-Learning Management System, in-person Brown Bag lunch and learn series, and MH/AOD treatment team aimed trainings, these are:</p> <ul style="list-style-type: none"> <li>• Adult Mental Health First Aid Training</li> <li>• Youth Mental Health First Aid Training</li> <li>• Focus on Psychosis: Increasing Hope and Helpfulness</li> <li>• Integrating Trauma Informed Care into Substance Abuse Treatment</li> <li>• Interpreter Training</li> <li>• Provider Training</li> <li>• Law and Ethics Training</li> <li>• LGBT Cultural Sensitivity Training</li> <li>• Confidentiality and HIPAA</li> <li>• Cultural Diversity</li> <li>• Equity and Inclusion Guidelines &amp; Intro’s/Multicultural Process of Change</li> <li>• Ethical Decision Making</li> <li>• Feeling as Messengers</li> </ul>
Ongoing	N/A	<p><u>Assessment and Evaluation</u></p> <ul style="list-style-type: none"> <li>• MHP-Gender, Age, Language, Ethnicity reports</li> </ul>

		<ul style="list-style-type: none"> <li>• MHP-Tulare County Self-Assessment of Timely Access, Non English reports</li> <li>• Electronic Health Records &amp; Language Line Utilization reports</li> <li>• MHSA Community Program Planning Survey &amp; Focus Group evaluation/results</li> </ul> <p>Information is shared and discussed at the Cultural Competency Committee with its members. Feedback/recommendations are provided at the Quality Improvement Committee and Adult Systems Improvement Committee.</p>
<p>MHB Sub-Committee Participant(s) Comments: Dr. David Wood.</p>		