

Community Assets

Communities	Alcohol/Drug Treatment and support services	Free Physical Activity Programs	Senior Centers	Family Resource Centers (FRC)	Farmer's Markets/Produce Markets	Fitness Centers	Emergency Services & Assistance	Libraries	Memorial Hall or Community Center	Parks	Pharmacies	Places with Free Indoor walking/physical activity	Public Transportation Routes	Primary Care Clinics	Schools	Urgent Care/Walk-in Clinics	Diabetes Support Groups	Focus Group Community Resources
Allensworth				Earlilmart FRC			Allensworth Christian Church (Foodlink, 2nd Fridays, 9-11am)		Allensworth Community Center	Colonel Allensworth State Park				Family HealthCare Network Mobile Care Unit	Allensworth Elementary School	Family HealthCare Network Mobile Care Unit		
Alpaugh				Earlilmart FRC				Alpaugh Library (T, W)	Alpaugh Memorial Hall	Alpaugh Co Park					Alpaugh Unified Schools			
Cutler-Orosi		Bailoterapia Villa de Guadalupe (Tues, 9-10am); Bailoterapia Sand Creek (M-F, 6-7pm)	Cutler-Orosi Senior Center	Cutler-Orosi FRC		Central Valley Boxing Gym, Jiu Jitsu & Fitness	Opengate Ministries (Foodlink, Cutler -4th Mondays 9-11am; Orosi - 3rd Tuesdays 9-11am); Rural Communities	Orosi Library (T-F)	Orosi Memorial Hall	Ledbetter Park; School grounds & play structure at Ave 419 & Rd 128;	Wenbo Liu Pharmacy Cutler; Foothill Pharmacy Orosi; Family HealthCare Network Pharmacy: Cheryl		Tulare County Area Transit (TCaT)	Family HealthCare Network	Cutler-Orosi Joint Unified School District	Family HealthCare Network		
Del Rey		Zumba - Central Valley Network for Dance & Diversity										Self-Help Enterprises Multi-family housing Villa Del Rey Apartments. Zumba on Tuesday and Thursday 6-7 PM.						
Dinuba	Alcoholics Anonymous	Zumba - Central Valley Network for Dance & Diversity	Dinuba Senior Center	Dinuba FRC	Dinuba Farmer's Market Central Valley Network Leaders on the Move	Iron Grip Gym, The Body Shop Fitness Gym	Open Gate Ministries (Foodlink MWF, 3-5pm)	Dinuba Library-Bookmobile	Dinuba Memorial Building, Dinuba Parks & Rec Center	Refer to City of Dinuba Parks and Recreation	Dinuba Pharmacy; Walmart; Walgreens; Rite Aid	Self-Help Enterprises Multi-family housing Sierra Village & Viscaya Gardens. Zumba Monday through Friday.	Tulare County Area Transit (TCaT)	Family HealthCare Network, Adventist Health Medical Office, Kaweah Health Medical Office; Kaweah Health Dinuba Health Clinic	Dinuba Unified School District	Family HealthCare Network	Dinuba Diabetes Support Group by Kaweah Health at the Dinuba Parenting Network.	
Ducor													Tulare County Area Transit (TCaT)		Ducor Union Elementary School			
Earlilmart	Alcoholics Anonymous		Earlilmart Senior Center	Earlilmart FRC			First Assembly (Foodlink, 4th Thursdays), Rural Foundation Pantry (Foodlink, 4th Thursdays)	Earlilmart Library (T-F)	Earlilmart Memorial Hall	Earlilmart Neighborhood Park			Tulare County Area Transit (TCaT)	Sequoia Family Medical Center; United Health Centers - Earlilmart; Adventist Health Medical Office	Earlilmart Elementary, Allia School; Earlilmart Middle School;			
Exeter	Narcotics Anonymous		Exeter Senior Center			On Point Pilates Studio, Radiant Health Center, We Fit Boot Camp	Exeter Food Closet (Tues)	Exeter Library (T-F)	Exeter Veteran's Memorial Building	Unger Park; Schroth Park; Brick House Park; City Park; Athletic Park; Dobson Field	Rancho Pharmacy; Rite Aid		Tulare County Area Transit (TCaT)	Family HealthCare Network; Kaweah Health Exeter Clinic	Exeter Unified School District	Family HealthCare Network		
Farmersville	Alcoholics Anonymous	Bailoterapia Farmersville Community Center (TWTu, 6-7pm)	Farmersville Senior Center				FoodLink (2nd Thursday); St. Vincent De Paul	Farmersville Library (T-W)	Farmersville Community Center & Boys & Girls Club;	Veteran's Memorial Park; Farmersville Sports Complex; Liberty Park; Roys Park; Riverbank Park; Jennings Park; Armstrong Park	Sierra Vista Pharmacy; Rite Aid			Family HealthCare Network; Family HealthCare Network Mobile Care Unit	Farmersville Unified School District	Family HealthCare Network; Family HealthCare Network Mobile Care Unit		
Goshen			Goshen Senior Center	Goshen Family Resource Center	Family HealthCare Network Neighborhood Market (Mt. Zion Church, 3rd Wednesday of the month 9AM-11AM)		Goshen Family Services (Peter Malloch Park, 2nd Wednesday)			Peter Malloch Park (Ran By the Goshen Water District Board)			Tulare County Area Transit (TCaT)	Family HealthCare Network	Goshen Elementary School (Visalia Unified School District)	Family HealthCare Network		
Ivanhoe		Bailoterapia (TTh, 9-10am)						Ivanhoe Library (T,Th,F)	Ivanhoe Memorial Hall				Tulare County Area Transit (TCaT)	Family HealthCare Network	Ivanhoe Elementary School	Family HealthCare Network		
Kingsburg*			Kingsburg Senior Center			Valkommen Fitness, Workouts Unlimited												
Lemon Cove							First Presbyterian (Foodlink, 4th Wednesdays)		Lemon Cove Women's Club				Tulare County Area Transit (TCaT)					

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Lindsay		Bailoterapia via Lindsay Healthy Start FRC Mondays to Thursdays 8:30 am to 9:30 am	Lindsay Senior Center	Lindsay FRC		Lindsay Wellness Center; McDermott Field House;	FoodLink - USDA - Lindsay (2nd Monday, 3-5pm)	Lindsay Library (T-F)	Lindsay-Strathmore Memorial	Lindsay City Park; Olive Bowl Park; Harvard Park	Rite Aid		Tulare County Area Transit (TCaT)	Kaweah Health Lindsay Health Clinic	Lindsay Unified School District		Lindsay Family Resource Center/Kaweah	Healthy Lindsay - Healthy Community
London							FoodLink - USDA - London (1st Friday, 9:30-2pm)	London Library (W-F)	Hodges Community Center (Proteus)				Tulare County Area Transit (TCaT)					
Pixley				Pixley FRC			Pixley Food Pantry (2nd Thursday, 9-11am)	Pixley Library (T-F)	Pixley Memorial Hall; Pixley Community Garden	Pixley Park			Tulare County Area Transit (TCaT)	Pixley Medical Clinic, Family HealthCare Network	Pixley Elementary/Middle/Adult Schools		Family HealthCare Network	
Poplar	Alcoholics Anonymous						Poplar Church of God (Foodlink, 3rd Tuesdays)		Tule River Youth Center				Tulare County Area Transit (TCaT)	FHCN Mobile Care Unit			FHCN Mobile Care Unit	
Porterville	N=1 PAAR Center 184 W Belleview Ave Porterville CA 93257 Phone: 559-781-0107 Tule River Alcoholism Program 1012 Indian Reservation Dr, Porterville, CA 93257 Alcoholics Anonymous	Bailoterapia (W, 7-8pm); Exercise Classes via Porterville Senior Center	Porterville Senior Center	Porterville FRC; Parenting Network	Seasonal Thursdays 8-11:30 @ Sierra View Hospital	Planet Fitness, InShape, multiple local gyms	St. Vincent De Paul; Salvation Army; St Anne's Food Pantry (Foodlink, Wed & Thurs); Porterville Rescue Mission; J.C. Junction (Foodlink, Fridays 8-12pm)	Porterville Library	Porterville Veterans Memorial Building	Veterans Mark, Zalud Park; Olivewood Mini Park; Murray Park; Hayes Field	Express Pharmacy; John A Mikhael Pharmacy; Valley Pharmacy Careplus; Rite Aid; Walmart; CVS; Walgreens, Family HealthCare Network (190)		Tulare County Area Transit (TCaT); Porterville Transit	Family HealthCare Network; Tule River Indian Health Center Inc; Living Water Community Health & Wellness Clinic; Sequoia Family Medical Center	Porterville Unified School District; St. Anne's School (Preschool- 8th)		Family HealthCare Network	
Richgrove		Bailoterapia - Richgrove Memorial Building (TW, 6-8pm)					FoodLink Emergency Food - Richgrove (Th, 3-4pm)		Richgrove Memorial Building	Richgrove Park			Tulare County Area Transit (TCaT)	Family HealthCare Network Mobile Care Unit			Family HealthCare Network Mobile Care Unit	
Springville	Alcoholics Anonymous							Springville Library (Th-S)	Springville Veterans Memorial Building	Springville Veterans Memorial Park			Tulare County Area Transit (TCaT)	Family HealthCare Network	Springville Union School		Family HealthCare Network	
Strathmore								Strathmore Library (T-W)	Strathmore Veterans Memorial Building				Tulare County Area Transit (TCaT)	Family HealthCare Network	Strathmore Elementary School; Strathmore Middle School; Strathmore High School		Family HealthCare Network	
Sultana															Monson-Sultana elementary school			
Terra Bella					Family HealthCare Network Food Pantry at Terra Bella Elementary School			Terra Bella Library (Pop-up only)	Terra Bella Veteran's Memorial Building	Setton Playground (Avenue 94 and Road 236)			Tulare County Area Transit (TCaT)	Family HealthCare Network	Terra Bella Union Elementary School District		Family HealthCare Network	
Three Rivers	Narcotics Anonymous, Al-Anon Family Group					Three Rivers Yoga	Three Rivers Food Pantry (Foodlink, 2nd/4th Wed, 8-10am)	Three Rivers Library (T-S)	Three Rivers Memorial Building	Our Place Playground	Three Rivers Drug		Tulare County Area Transit (TCaT)	Family HealthCare Network	Three Rivers Unified School District		Family HealthCare Network	
Tipton							FoodLink Distribution Tipton (2nd Thurs, 9:30-11:30am)	Tipton Library (Th-F)	Tipton Veteran's Memorial Building				Tulare County Area Transit (TCaT)	Tipton Medical Clinic	Tipton Elementary School			
Traver													Tulare County Area Transit (TCaT)	Family HealthCare Network	Traver Joint Elementary School		Family HealthCare Network	

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Tulare	Kings View Substance Abuse Program, Narcotics Anonymous	Zumba- Altura Centers for Health 1500 West Tulare Dr. Tuesdays and Thursdays 5:30pm-6:30pm, Walk With A Doc Program	Tulare Senior Center	Tulare FRC		multiple available	Church of Nazarene (food/clothes); St. John's (neighborhood MKT); Temporary Homeless Encampment; FoodLink Tulare - Roosevelt Elementary (3rd Tues, 3pm); FoodLink Tulare - Wilson Elementary (1st Thurs, 3pm); Tulare Emergency Aid; Salvation Army - Tulare; Cooling Centers - Tulare Senior Center	Tulare Library (T-S)	Tulare Veterans Memorial Building, Tulare Community Center, City of Tulare Youth Center	Refer to City of Tulare Parks and Recreation	Wenbo Liu Cherry St Pharmacy; Walgreens; CVS; Rite Aid, Family HealthCare Network (Hillman)		Tulare County Area Transit (TCaT)	Family HealthCare Network; Adventist Health Medical Office; Altura Centers for Health; Kaweah Health Tulare Health Clinic	Tulare City School District; Tulare Joint Union High School District;	Family HealthCare Network		
Visalia	Lifestyle center; via voucher for health diagnosis referral, Visalia Adult Integrated Clinic, New Heights Recovery Center, Central Valley Recovery Services, Narcotics Anonymous, Al-Anon Family Group Alcoholics Anonymous	Yoga at St. Paul's Episcopal Church. First & Third Tuesdays from 6:00-7:00 pm, Zumba - Manuel Hernandez Community Center Tue and Fri 10-11am Central Valley Network for Dance & Diversity Tuesday & Friday 10:00 to 11:00 AM Senior Center Free Weekly classes posted seasonally, Kaweah Health Hospital - NEOP Walk with a Doc 2nd Saturday of the Month @ Blain Park 8:00 AM	Visalia Senior Center; Visalia Gleaning Seniors	Parenting Network, Central California Family Crisis Center	Visalia Farmer's Market Saturday 8-11:30; Akers & Tulare Ave May-Aug Wed 8-11:30	multiple available; Kaweah Health Lifestyle Center	Bethlehem Center; Visalia Rescue Mission; Visalia First Church (Foodlink 1st & 2nd Tues); Neighborhood MKT: Nazarene Church, United Methodist Church, Seven Oaks Church; COS Visalia (1st Tues, 9am); Salvation Army Visalia; Visalia Emergency Aid	Visalia Library (T-S)	Visalia Veteran's Memorial Building, Whitendale Center, Manuel Hernandez Community Center	Refer to City of Tulare Parks and Recreation, Plaza Park, Mooney Grove	All chains; Visalia Pharmacy; Boyd's Pharmacy; Kaweah Health Home Infusion Pharmacy, Kaweah Health Employee Pharmacy, Kaweah Health Pharmacy, Family HealthCare Network (Visalia Oak & Visalia Mooney)	Visalia Mall, Manuel Hernandez Community Center, open for youth ages 5-17	TCAG; Tulare County Area Transit (TCaT); Visalia Transit	Tulare County Health Care Centers, Family HealthCare Network	Visalia Unified School District;	Kaweah Health Urgent Care (Court Street), Kaweah Health Urgent Care (Demarree), Family HealthCare Network	Kaweah Health Diabetes Support Group	The Source LGBT+ Center; Planned Parenthood; Visalia Wellness Center
Woodlake	Narcotics Anonymous	Bailoterapia Woodlake - Castle Rock (TTh, 9-10am)	Woodlake Senior Center	Woodlake FRC		Iron Grip Gym	Woodlake Food Pantry (3rd Tues, 8-10am); FoodLink (1st Fri, 3pm)	Woodlake Library (T-F)	Woodlake Veteran's Memorial Building	Woodlake City Park; Woodlake Botanical Garden & Bravo Lake; Castle Rock Park; Valencia Heights Park; Willow Court Park;	Foothill Pharmacy Woodlake; Rite Aid		Tulare County Area Transit (TCaT)	Family HealthCare Network; Kaweah Health Woodlake Clinic	Woodlake Unified School District	Family HealthCare Network		
Woodville		Zumba with Altura Centers for Health class at Woodville Elementary School Monday's Wednesday's from 4:30pm - 5:30pm, Bailoterapia (Tues, 10-11am)					FoodLink Distr Woodville (3rd Thurs, 2-4pm)			Woodville Park	Altura Centers for Health		Tulare County Area Transit (TCaT)	Altura Centers for Health	Woodville Elementary School District			

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